

# ZENSATIONS BY JEN

## IN HOUSE BULK HERBS

*List is subject to change*

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Alfalfa  
 Alkanet  
 Alum Root  
 Angelica  
 Arnica  
 Artichoke Leaf  
 Ashwaganda Root  
 Astragalus  
  
 Balm of Gilead  
 Bay Leaves  
 Beet Powder  
 Billberry  
 Birch Bark  
 Blackberry  
 Black Cohosh  
 Black Peppercorn  
 Black Walnut  
 Blessed Thistle  
 Blood Root  
 Blue Cohosh  
 Blue Malva Flowers  
 Blue Vervain  
 Blue Violets  
 Boneset  
 Buchu  
 Burdock Root  
  
 Cacao Nibs  
 Calamus  
 Calendula Flowers  
 Cardamom Powder  
 Catnip  
 Cayenne  
 Chaga  
 Chamomile  
 Chaste Berries  
 Chickweed  
 Chicory  
 Chrysanthemum  
 Cilantro  
 Cinnamon  
 Cleavers  
 Cloves  
 Coltsfoot

Comfrey  
 Cornflower  
 Cornsilk  
 Cramp Bark  
  
 Damiana Powder  
 Dandelion  
 Dandelion Root  
 DongQuai  
  
 Echinacea  
 Elderberries  
 Elecampane  
 Eucalptus  
 Eyebright  
  
 Fennel  
 Fenugreek  
 Feverfew  
 Flax Seed  
 Fo Ti  
  
 Ginger Root  
 Ginkgo Biloba  
 Ginseng  
 Goji Berries  
 Goldenseal Root  
 Gota Kola  
 Guarana  
  
 Hawthorn  
 Heather Flowers  
 Helichrysum  
 Hibiscus  
 Horehound  
 Horsetail  
 Holy Basil  
 Hops  
 Hyssop  
  
 Jasmine Green  
  
 Kava Kava  
 Kola Nut  
  
 Lady's Mantel  
 Lavender  
 Lemon

Lemon Balm  
 Lemon Verbena  
 Licorice  
 Linden Leaf  
 Lobelia  
  
 Mandrake  
 Marshmallow  
 Meadowsweet  
 Milk Thistle  
 Motherwort  
 Mugwort  
 Mullien Leaf  
 Myrrh  
  
 Nettle  
  
 Oatstraw  
 Orange  
 Osha Root  
  
 Passionflower  
 Pau d'arco  
 Peppermint  
 Pipsissewa  
 Plantain  
 Prickly Ash  
  
 Raspberry Leaf  
 Red Clover  
 Reishi Mushroom  
 Rosemary  
 Rooisbos  
 Rose Hips  
 Rose Petals  
 Rodiello  
  
 Sage  
 Sarsparilla  
 Sassafrass  
 Sencha Green Tea  
 Senna  
 Shepard's  
 Skullcap  
 Slippery Elm  
 Spearmint  
 Star Anise  
 Stevia

Strawberry  
 St. John's Wort  
  
 Uva Ursi  
  
 Valerian  
  
 White Willow  
 Wild Yam  
 Wood Betony  
 Wormwood  
  
 Yarrow  
 Yellow Dock  
 Yerba Mate  
 Yerba Sante  
 Yohimbe

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*Clays are available and if it is not on this list chances are I can get it for you please ask.*

*We love to help you find the perfect blend for your needs.*

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JENNY EHRHARDT  
*zensationsbyjen*

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